



CRANK IT UP!

THE MT RUAPEHU COMPETITIVE PROGRAM

With a history almost as deep as Mt Ruapehu itself, our program has produced more New Zealand champions than anywhere else; we love to take challenges head on.

The Ruapehu Sport Competitive Snowsports program offers coaching to athletes with a range of age and experience. The future of New Zealand's competitive snow sports and our program relies on young athletes. We pride ourselves in focusing on their long term development; this means more than just being on snow. It includes the fitness of mind and body.

 **RUAPEHU SPORT**

www.ruapehusport.com



FREESTYLE

Ruapehu Freestyle has some of the best coaches and one of the most comprehensive programs in New Zealand. With our large technical natural terrain and season long training, many of the country's best riders started here on their path to the top and the National Team.

The program's focus is on high-end rider improvement and competition in Slope Style, Half Pipe, Big Mountain and Skier/Boarder X.

The coaches create a fun, safe, friendly, "team" environment in which athletes can improve with guidance and support.

SKI RACING

If you love to ski fast this is the program for you. Our ski racing program trains for a variety of events: Slalom and Giant Slalom which are referred to being "technical events", and Super Giant Slalom which is a "speed event". We host regional entry level, development and national competitions events. We also travel to National and International events with qualifying athletes. The foundation of our training is developing appropriate skills for appropriate ages. Children who start young in our ski racing program, take advantage of a great window of training opportunity that sets them up for success in the long term.

WEEKEND PROGRAMS*

Entry Level – alternating weekends during term 3, followed by school holidays

Development – every weekend during term 3, plus school holiday before and after holiday periods

MID WEEK AND FULL TIME PROGRAMS*

Entry/Development – Three sessions mid week during term 3

Full time Academy – This is a fully integrated program that includes on snow aspects, fitness and academics.

* Not available in all snowsport disciplines

Visit www.ruapehusport.com for detailed program information. In all programs early registration secures enrolment.

