

# 2011 PROGRAMME PLANNING

## SURVEY (ANONYMOUS – PLEASE RETURN TO PROGRAMME

CO-ORDINATOR)



### SECTION A

- 1) How long do you estimate your child's involvement in competitive snow sports will be?
  - season to season (not sure)
  - 2 – 4 years
  - 5 years and over
- 2) How do you rate the importance of developing life long skills in snow sports?
  - not important
  - important
  - very important
- 3) How would you rate the importance of snow sports competition?
  - not important
  - important
  - very important
- 4) Choose the type of program or plan that you are most interested in.
  - Winter season programme (go to section 'B')
  - long term athletic development plan (go to section 'C')

### SECTION B

- 5) Choose the parts of a winter season programme that you are interested in.
  - pre-season dryland
  - pre-season Snowplanet training
  - July school holidays at Mt Ruapehu
  - July school holidays in the South Island
  - no July school holidays
  - every weekend during term 3
  - alternating weekends during term 3
  - optional mid week training during term 3
  - September school holidays at Mt Ruapehu
  - no September school holidays

## SECTION C

6) Choose the parts of a long term development plan that you are interested in.

- multi year individual development plan
- physical training
- psychological training
- nutrition
- comprehensive on snow programme
- off season on snow training programme

## SECTION D

7) Choose what mid week training is possible for you.

- no mid week training possible (go to section E)
- 3 – 5 weeks during term 3
- full time during term 3
- my school may be interested in one week of training

Please name school:

- I do not need accommodation and supervision for mid week training
- I need accommodation and supervision in order to attend mid week training
- I need tutoring in order to attend mid week training

## SECTION E

8) Data

Chosen Sport:  Freestyle Ski  Freestyle Snowboard  Ski Racing

Athlete YOB:

Number of years (athlete) skiing or snowboarding:

Number of years in (athlete) competitive snow sports:

City of residence:

Comments: